

# NECHELLS POD NEWSLETTER

June 2019: Edition 23



## What's on at Nechells Pod in June

In June we have two big events which we are hoping to hold outdoors in the nice summer weather. The two events are:

21 June 3pm-6pm The Great Get Together -  
-Permission to Party

29 June 9.30am-11.30am The Mayor's  
Community Weekend Big Breakfast

These two events are open to all and will be relaxed fun sessions where people can appreciate one another's company, play sport, enjoy arts and crafts, have your face painted and enjoy our wonderful refreshments. Please see Cameron to sign up for these events so we know how many people to cater for.

## Cross City Heroes Award



We are happy to announce that Nechells POD has been selected for a West Midlands Trains Cross City Hero Award. Being awarded this means we will have a plaque with information regarding Nechells POD located at Aston Train Station. This is brilliant news and will surely give us even more recognition.

Nechells  
POD  
Bringing The Community Together

PERMISSION TO PARTY

### GREAT GET TOGETHER EVENT

Join us with your family and friends as we celebrate all that we have in common.  
in honour of Jo Cox

**JUNE 21, 2019**  
**3 PM - 6 PM**  
**NECHELLS POD**

Mayor's  
Community  
Weekend  
29 -30 June

When: Saturday 29<sup>th</sup> June from 9:00am - 11:30 am

Where: At Nechells POD

For more information please contact: Contact POD staff

To find out more information and register yourself for this event

#WMcommunity  
[wmca.org.uk/mcw](http://wmca.org.uk/mcw)

Mayor of the West Midlands | West Midlands Combined Authority | COMMUNITY FUND

## New Centre Manager



Hi everyone, name is Rachel and I am the new Centre Manager of the POD and the All of Us Project.

I am absolutely thrilled to join the team at the POD and look forward to meeting you all over the next few weeks

I was born locally in Alum Rock and have over 20 years of experience working within the community sector. My background includes offering support, delivering training and helping local groups set up and run a variety of projects.

If you see me please stop and say hi, I am excited to hear about your stories and living and working in Nechells I am keen to hear your ideas about how we can support and empower the local community.

### Weekly Activities

#### Monday

- Walking Group 9:15-10:30
- ICT drop in session 9:30 – 12:00 (2nd Monday of the month)
- Job Club 9:00-11:00
- Men's only Fitness 10:30 – 11:45
- Place of Welcome Stay and Play 1:00 – 2:30

#### Tuesday

- Tai Chi 9:30-10:30
- ESOL 10:30-12:00
- Tots Time 11:00-12:00
- Yoga Class 13:00 – 14:00

#### Wednesday

- FiN Fitness 10:30-11:30
- Coffee & Chat 11:30-12:30
- Credit Union 11:30 – 12:00
- Citizenship 13:00 – 14:30

#### Thursday

- Parent and Child Language Course 9:00-10:30
- Parent and Child Language Course 10:45 – 12:15
- ESOL 10:30-12:00

#### Friday

- Place of Welcome 9:00-11:00
- Couch to 5k 9:30 – 10:30
- ESOL 9:30 – 11:30

## Noran's News

Great news this month we are expanding our team at Nechells POD!

Rachel Perks joined us as the new centre manager on Monday 3 June. Her post is funded through the Lottery Community Fund. Nora Young will be starting as the Volunteer and Activities Coordinator on 10 June, her post is funded by the Henry Smith Fund. Finally Sameera Rehan will be joining us as a Business Admin Apprentice.

I am sure you will make them all welcome and get to know them very quickly. They will be interested in how long you have been coming to Nechells POD, what sort of things you do and what new activities you would like to attend.

I look forward to seeing you all at our Great Get Together event, don't forget to get your tickets from Cameron.

Noran.

### Contact Us Nechells POD

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